

QUALITY OF EDUCATION

RSE Planning Overview

Year Group	Autumn	Spring	Summer
Year 3	To explore the differences between males and females and to name the body parts. I know some differences and similarities between males and females. I can name male and female body parts using agreed words.	To consider touch and to know that a person has the right to say what they dislike and like. I can identify different types of touch that people like and do not like. I can understand personal space I can talk about ways of dealing with unwanted touch.	To explore different types of families and who to go to for help and support. I can understand that all families are different and have different family members. I can identify who to go to for help and support.
Year 4	To explore the human lifecycle. I can describe the main stages of the human lifecycle I can describe the body changes that happen when a child grows up.	To identify some basic facts about puberty. I can discuss male and female body parts using agreed words. I know some of the changes which happen to the body during puberty.	To explore how puberty is linked to reproduction. I know about the physical and emotional changes that happen in puberty. I can understand that children change into adults so that they are able to reproduce.
Year 5	To explore the emotional and physical changes occurring in puberty. I can explain the main physical and emotional changes that happen during puberty. I can ask questions about puberty with confidence.	To understand male and female puberty changes in more detail. I can understand how puberty affects the reproductive organs. I can describe how to manage physical and emotional changes,	To explore the impact of puberty on the body and the importance of hygiene. To explore ways to get support during puberty. I can explain how to keep clean during puberty. I can explain how emotions change during puberty. I know how to get support and help during.
Year 6	To consider puberty and reproduction. I can describe how the body changes during puberty in preparation for reproduction, I can talk about puberty and reproduction with confidence.	To consider physical an emotional behaviour in relationships. I can discuss different types of adult relationships with confidence. I know what form of touching is appropriate.	To explore the concept of conception and pregnancy. I can describe the decisions that have to be made before having a baby. I know some basic facts about pregnancy and conception. To explore positive and negative ways of communicating in a relationship. I can consider when it is appropriate to share personal/private information in a relationship. I know how and where to get support if an online relationship goes wrong.