



Airedale Junior Academy

ASTHMA POLICY

Date 2025-27



Airedale Junior Academy

Asthma Policy 2025-27

Information	Dates
Last reviewed	September 2025
Next review	September 2027
Owner	Mrs. K Walker/Mrs L Smith
Approver	Academy Council

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1. Rationale

Asthma is a common long-term condition affecting many children. A clear policy ensures that staff, students, and families understand how asthma is managed within the academy, reducing risks, promoting inclusion, and safeguarding health.

Principles of our Academy Asthma Policy:

- Recognises that asthma is an important condition affecting many academy children and welcomes all pupils with asthma.
- Ensures that children with asthma participate fully in all aspects of academy life including PE.
- Recognises that immediate access to reliever inhalers is vital.
- Keeps a register of children with asthma.
- Ensures the academy environment is favourable to children with asthma.
- Ensures all staff who come into contact with children with asthma know what to do in the event of an asthma attack.
- Works in partnership with all interested parties including staff, parents, governors, doctors, nurses, and children to ensure the policy is implemented and maintained successfully.
- Provides annual training on asthma for staff from the asthma nurse.

2. Care. Aspire. Succeed Links

This policy supports our academy values:

- **Care:** Prioritizing student wellbeing and ensuring safe access to medication.
- **Aspire:** Enabling students with asthma to participate fully in all aspects of academy life.
- **Succeed:** Removing barriers to learning and promoting equal opportunities for achievement.

3. Statement of Intent / Aims

The academy aims to:

- Provide a safe environment for students with asthma.
- Ensure all staff are trained to recognize and respond to asthma symptoms and emergencies.
- Guarantee immediate access to reliever inhalers at all times.
- Encourage full participation in lessons, sports, and trips.
- Work in partnership with parents, carers, and healthcare professionals.
- Promote awareness of asthma triggers and minimize exposure where possible.

4. Roles and Responsibilities

- **Academy Leadership:** Ensure policy implementation, staff training, and annual review.
- **Teachers and Support Staff:** Know which students have asthma, understand their action plans, and support them in lessons and activities.
- **Parents/Carers:** Provide up-to-date medication, asthma action plans, and inform the academy of any changes.
- **Students:** Take responsibility for their inhalers (where age-appropriate) and communicate when they feel unwell.





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- **Academy Nurse/Healthcare Professionals:** Provide guidance, training, and support for staff and families.

Medication

- Immediate access to a reliever inhaler is vital.
- Children are encouraged to carry their reliever inhaler once parents, doctors/nurses, and teachers agree they are mature enough.
- Younger children's inhalers are kept in the classroom.
- Parents must provide a labelled reliever inhaler and spacer, ensuring it is up to date and in working condition.
- All inhalers must be labelled with the child's name.
- Staff are not required to administer medication except in emergencies, though many are happy to assist.
- Children are always allowed to take their own medication when needed.

Record Keeping

- At the start of each academy year, parents are asked if their child has asthma.
- Parents should complete an Asthma Passport following a GP or nurse review, with a copy provided to academy.
- The academy maintains an asthma register and must be informed of any medication changes.
- Emergency inhalers are held in line with national guidance (March 2015).

5. Links to Other Policies and Procedures

This policy should be read alongside:

- Safeguarding and Child Protection Policy
- Health and Safety Policy
- Inclusion and Equality Policy
- Educational Visits Policy
- First Aid Policy
- Medicines Administration Policy
- Complaints Procedure (for concerns regarding asthma support)

6. Statement of Implementation

- All staff receive annual asthma awareness training from the asthma nurse.
- Parents complete asthma information forms and provide current action plans.
- Parents are responsible for ensuring asthma medication is in date and in school.
- Reliever inhalers are accessible at all times, including during PE and trips.
- Emergency procedures are displayed in key areas and rehearsed with staff.
- Records of asthma incidents are maintained and reviewed regularly.

PE/Sports

- Children with asthma are encouraged to participate fully in PE.
- Teachers remind children whose asthma is triggered by exercise to take their inhaler before lessons and warm up with short sprints.





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- Inhalers are labelled and kept at the site of the lesson.
- Children are encouraged to use their inhaler during lessons if needed.

Academy Environment

- The academy avoids furry/feathery pets and enforces a non-smoking policy.
- Chemicals that may trigger asthma are avoided where possible.
- Children are encouraged to learn about asthma, with resources available at Asthma UK.

Asthma Attacks Staff follow these steps:

1. Ensure the reliever inhaler is taken immediately.
2. Stay calm and reassure the child.
3. Loosen tight clothing to aid breathing.
4. Continue to assist with inhaler use.
5. If no relief after 5 minutes, or if the child is distressed, exhausted, or unable to talk, call 999.

After the attack:

- Minor attacks should not interrupt academy involvement; children may return to activities once recovered.
- Parents are informed at the end of the day via slip or in person.

7. Monitoring and Evaluation

- Bi-annual review of the policy in line with national guidance
- Incident reports analysed for patterns or improvements.
- Feedback from parents, students, and staff informs updates.
- Training records monitored to ensure staff competence.
- Policy remains a working document, open to change as statutory guidance evolves.

8. Health and Safety

- Safe storage and accessibility of inhalers is ensured.
- Risk assessments consider asthma needs during activities, trips, and sports.
- Emergency inhalers are available in line with national guidance.
- The academy environment is monitored to reduce exposure to triggers.

